

 <b>CGA</b> CENTRAL GEORGIA ARTS & ATHLETICS	<b>Central Georgia Arts &amp; Athletics</b> 3780 Northside Dr. Suite 140, PMB 315 Macon, GA 31210	Doc No:	COVID-19
		Initial Issue Date:	06/16/2020
<b>CORONAVIRUS (COVID-19)</b>		Revision Date:	Initial Version
		Revision No.:	0
		Next Review Date:	July 1, 2020
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## COVID-19 (Coronavirus) Action Plan

This interim guidance is based on what is currently known about the coronavirus disease (COVID-19) as provided by the Centers for Disease Control and Prevention (CDC). The CDC will update their guidance as additional information becomes available. <https://www.cdc.gov/coronavirus/2019-ncov/about/index.html>

### Organization Action Plan:

#### 1. Facility & field:

- CGAA to display signage regarding Wellness Tips on all facilities, practice fields, etc. where allowed.
- CGAA coaches and volunteers are to ask all parents and students if any member is at risk of being sick or carrying illness. The coaches and volunteers are to ask these questions:
  - Have you, or anyone in your family, been in contact with a person that has tested positive for COVID-19?
  - Have you, or anyone in your family, been in contact with a person that is in the process of being tested for COVID-19?
  - Have you, or anyone in your immediate family, traveled outside of the USA within the last two (2) weeks?
  - Are you having trouble breathing, have a dry cough, or have flu like symptoms?
- Per CDC recommendations, if any answer is “yes”, the student is to be removed from the practice site immediately and will not be allowed to return to the practice site without a doctor’s letter verifying “OK to return to play” status.
- CDC recommends that individuals who appear to have acute respiratory illness symptoms (i.e. cough, shortness of breath) upon arrival to practice or become sick during the practice be separated from other students and be sent home immediately. CGAA coaches and volunteers are to send any student home if there are any observed symptoms of sickness.
- CGAA coaches and volunteers are instructed to prevent stigma and discrimination in the practice. Do not make determinations of risk based on race or country of origin.
- No large group meetings over 20 persons inside or 40 persons outside: limit all practice groups to eight people or less. Smaller groups within a group provides better separation and reduces risk of cross contamination within a larger group.
- All meetings – coaches, volunteers and students are. to emphasize personal hygiene and the CDC’s recommendations to prevent illness.
- No visitors are permitted to enter CGAA practices, unless fundamental to the execution of the practice.

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- Limit elevator usage when occupied with multiple people. Use stairs when possible.

## 2. COVID-19 Measures:

- CGAA coaches and volunteers who are well but who have a sick family member at home and/or have been in close contact with a person with COVID-19 must stay home and notify their other responsible persons and refer to CDC guidance for how to conduct a risk assessment of their potential exposure.  
<https://www.cdc.gov/coronavirus/2019-ncov/php/risk-assessment.html>
- If a CGAA coach or volunteer is confirmed to have COVID-19, CGAA will inform coaches, volunteers and students of their possible exposure to COVID-19 in the practice while maintaining confidentiality as required by the Americans with Disabilities Act (ADA). Coaches or volunteers exposed to a student with confirmed COVID-19 should refer to CDC guidance for how to conduct a risk assessment of their potential exposure. <https://www.cdc.gov/coronavirus/2019-ncov/php/risk-assessment.html>
- If a coach is diagnosed with COVID-19, they must stay home for up to fourteen (14) days, the anticipated quarantine timeframe.

## 3. Travel Protocol:

CGAA advises coaches and volunteers before considering travel to take certain steps:

- Check the CDC's Traveler's Health Notices for the latest guidance and recommendations for each country or region to which you will travel.  
<https://wwwnc.cdc.gov/travel>
- Check yourself for symptoms of acute respiratory illness before starting travel and stay home if you are sick. <https://www.cdc.gov/coronavirus/2019-ncov/about/symptoms.html>
- Coaches and volunteers who become sick while traveling or must notify the program director and should promptly call a healthcare provider for advice.
- **CGAA will enforce a mandatory 14-day self-quarantine upon returning from travel outside the United States and potentially domestic locations to be determined.**
- Inform Program Director prior to scheduling any travel.

## 4. General Protocol:

CGAA will actively encourage sick employees to stay home:

- IF CGAA coaches and volunteers are exhibiting any of the following symptoms or behavior associated with these symptoms, they will be asked to leave the practice site and/or meeting and call (or go to) the doctor:
  - Fever
  - Cough

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- Shortness of breath
- CGAA coaches and volunteers who have symptoms of acute respiratory illness are required to stay home and not come to practice until they are free of fever (100.4° F [37.8° C] or greater using an oral thermometer), signs of a fever, and any other symptoms for at least 48 hours, without the use of fever-reducing or other symptom-altering medicines (e.g. Tylenol, cough suppressants). CGAA coaches and volunteers should immediately notify their Program Director and stay home if they are sick.
- CGAA will communicate with our students and volunteers about the importance of sick students and volunteers staying home and/or going to the doctor.
- Per CDC recommendations, CGAA coaches and volunteers who appear to have acute respiratory illness symptoms (i.e. cough, shortness of breath) upon arrival to work or become sick during the day will be separated from other employees and be sent home immediately.
- CGAA will communicate the following to its CGAA coaches, volunteers, and students:
  - Serious respiratory illnesses like influenza, respiratory syncytial virus (RSV), whooping cough, and severe acute respiratory syndrome (SARS) and COVID-19 are spread by:
    - Coughing or sneezing
    - Unclean hands: Touching your face after touching contaminated objects and touching objects after contaminating your hands
  - To help stop the spread of germs:
    - Cover your mouth and nose with a tissue when you cough or sneeze.
    - Put your used tissue in a waste basket.
    - If you don't have a tissue, cough or sneeze into your upper sleeve, not your hands.
    - Remember to wash your hands after coughing or sneezing
    - Avoid unnecessary contact with others
  - Use disposal paper tissue and no-touch disposal trash receptacles.
  - Clean hands often with an alcohol-based hand sanitizer that contains at least 60- 95% alcohol, or wash hands with soap and water for at least 20 seconds. Soap and water should be used preferentially if hands are visibly dirty.
  - Perform routine environmental cleaning:
    - Routinely clean all frequently touched surfaces, such as equipment, countertops, and doorknobs. Use the cleaning agents that are usually used in these areas and follow the directions on the label.
    - Use disposable wipes so that commonly used surfaces (for example, doorknobs, keyboards, sporting equipment) can be

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wiped down by CGAA coaches and volunteers before each use.

CGAA is committed to the safety of its CGAA coaches, volunteers, students, and the general public. The above action plan is consistent with the CDC's Interim Guidance which can be found at <https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html>

Thank you for your help in preventing the spread of COVID-19 and all illnesses and your understanding and cooperation. CGAA's leadership is committed to providing the best environment possible for all CGAA coaches, volunteers, students, and practice sites and we will continue to monitor the CDC website for updates. We will make revisions to this policy as updated information is available.